# **Breaking Grounds, PLLC**

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### **Notice of Privacy Practices**

I understand the importance of protecting your personal information. This notice explains how I handle your data when you use my website and services.

#### Information Collection:

I collect personal information you provide directly, such as your name, contact details, and any health information you share during our interactions. Additionally, my website may automatically gather certain data, like your IP address and browsing behavior, to improve user experience and service functionality.

#### **How I Use Your Information:**

Your information is used to provide counseling services, communicate with you, process payments, and enhance my website. I may also use your data for research purposes, always ensuring your anonymity. I never share your personal information with third parties without your explicit consent, except when required by law.

# **Data Security:**

I implement robust security measures to protect your personal information from unauthorized access, alteration, or destruction. These measures include encryption, firewalls, and secure server facilities.

#### **Your Rights:**

You have the right to access, correct, or delete your personal information. You can also request to opt out of certain data processing activities. To exercise these rights, please contact me directly.

This notice is subject to change, and any updates will be posted on my website.

Effective Date: August 26<sup>th</sup>, 2025